



## Takeaway Menu

### Appetisers

1. **Funghi Pancetta** – Pan fried mushrooms with bacon, chilli and tomato sauce **£4.50**
2. **Funghi Di Mare** – Pan fried mushrooms with prawns, tomato sauce, cheese & garlic **£4.95**
3. **Cozze Piccanti** – Fresh mussels cooked in a chilli, white wine & tomato sauce **£5.50**
4. **Cozze Alla Crema** – Fresh mussels cooked in a white wine & cream sauce **£5.50**
5. **Gamberetti Diavola** – Prawns cooked in a tomato, garlic & chilli sauce **£5.50**
6. **Calamari Fritti** - Deep fried fresh squid **£5.50**
7. **Calamari Inferno** – Fresh squid cooked in a garlic, tomato & chilli sauce **£5.50**
8. **Polpette Al Pomodoro** – Homemade traditional meatballs cooked in a tomato sauce **£5.50**
9. **Polpette Di Pesce** – Fresh fishcakes with sweet chilli dip **£4.50**
10. **Arancini Di Riso (4 pieces)** – Deep fried homemade rice balls stuffed with mozzarella cheese, ham and tomato **£5.80**
11. **Croquette (3 pieces)** – Homemade with ham, cheese & salami **£4.50**
12. **Costolette Di Maiale** – Spare ribs cooked in a secret homemade barbeque sauce **£5.50**
13. **Panzarotti** – Folded pizza base deep fried filled with tomato sauce, mozzarella cheese and parma ham **£4.80**

### Vegetarian Appetisers

**Garlic Bread Tomato (Pizza Style 12")** - With cheese or chilli **£5.50**

**Funghi All'Aglio** – Pan fried mushrooms in a white wine sauce with garlic & fresh parsley **£4.00**

**Funghi Dolcelatte** – Pan fried mushrooms with dolce latte cheese in a garlic & cream sauce **£4.90**

**Arancini Di Riso Vegeterani (4 pieces)** Fried homemade rice balls stuffed, porcini mushrooms, mozzarella and tomato **£4.50**

**Croquette Vegeteriani** – Homemade with mushrooms, spinach, dolce latte & mozzarella cheese **£4.50**

**Mozzarella In Carrozza** – Deep fried mozzarella in breadcrumbs served with a garlic & tomato sauce **£4.90**

**Olives Miste** – Mixed Italian Olives marinated in garlic, chilli, oregano and a dash of lemon **£3.20**

**Bruschetta** – Freshly made Italian bread, topped with diced tomatoes, olive oil and balsamic glaze **£4.50**

**Parmigiana** – Pan fried aubergine layered with mozzarella, parmesan topped with a tomato and basil sauce, oven baked **£4.90**

## Pasta

Please select the type of pasta you would like first, then choose from the selection of sauces below to complete your dish.

### Fresh Pasta: £2.95

- A. Tortellini filled with spinach & ricotta
- B. Agnolotti filled with lobster
- C. Tortellini filled with beef
- D. Gnocchi potato dumplings

### Dry Pasta: £1.95

- A. Spaghetti
- B. Penne

### Gluten Free Pasta (Penne) £1.95

## Sauces

**Bolognese** – Traditional homemade Italian sauce with mincemeat and tomato. **£4.50**

**Frutti Di Mare** – Tomato sauce mixed with a variety of fresh seafood, white wine, garlic and parsley **£5.95**

**Carbonara** – Traditional homemade creamy egg and bacon sauce with onions **£4.95**

**Matriciana** – Tomato sauce with bacon and onions **£4.50**

**Alfredo** – Creamy sauce with chicken, mushrooms and onions **£4.95**

**Salmon E Gamberetti** – Smoked salmon cooked with prawns in a creamy tomato & garlic sauce **£5.95**

**Diavola** – Spicy Italian sausage cooked with garlic and chilli in a tomato sauce **£4.95**

**Nonna** – Ham & mozzarella cheese cooked in a creamy tomato sauce **£4.95**

**Spinici E Gamberetti** – Creamy tomato sauce cooked with fresh prawns, spinach and garlic **£5.50**

**Polpette** – Homemade traditional meatballs in a tomato and Bolognese sauce **£5.50**

## Vegetarian Pasta Sauces

**Boscaiola** – Peppers and mushrooms cooked in a creamy tomato and garlic sauce **£4.95**

**Quattro Formaggi** – Four cheese sauce cooked traditionally with cream **£4.95**

**Napoletana** – Fresh tomato, garlic and basil sauce **£4.95**

**Spinaci E Mascarpone** – Mascarpone cheese cooked with garlic and spinach in a creamy white wine tomato sauce **£4.95**

## Lasagne and Cannelloni

**Lasagne Al Forno** – Homemade oven baked lasagne layered with Bolognese topped with grilled cheese **£7.95**

**Cannelloni Al Forno** – Oven baked cannelloni filled with mince meat topped with tomato, tomato & cheese **£7.95**

## Vegetarian Lasagne & Cannelloni

**Lasagne Vegetariana** – Homemade oven baked lasagne with seasonal vegetables, tomato topped with cheese **£7.80**

**Cannelloni Vegetariana** – Oven baked cannelloni pasta filled with ricotta cheese, spinach and tomato **£7.80**

## Risotto

**Risotto Frutti di Mare** – Arborio Rice cooked with a selection of seafood, garlic, tomato and white wine **£8.50**

**Risotto Pollo** – Arborio Rice, mushrooms and onion with chicken in a light cream and white wine sauce **£7.95**

### Vegetarian Risotto

**Risotto Vegetariano** – Arborio Rice cooked with a variety of fresh seasonal vegetables, spinach, garlic and tomato **£7.80**

**Risotto al Funghi Porcini** – Arborio Rice cooked with Porcini mushrooms, cream, garlic and white wine served with parmesan cheese **£7.80**

## Pizza

**All of our pizzas are freshly made with an Italian 12" base**

**Loren** – Tomato, mozzarella, mushroom and ham **£8.50**

**Bollente** – Tomato, mozzarella, pepperoni, peppers, chilli, oregano and olive oil **£8.80**

**Tropicale** – Tomato, mozzarella, mushroom, ham, pineapple, oregano and olive oil **£8.50**

**Quattro Stagioni** – Tomato, mozzarella, ham, pepperoni, mushroom, peppers, olives and oregano **£8.80**

**Frutti di mare** – Tomato, mozzarella and a variety of fresh seafood **£9.50**

**Dolce Latte e Parma** – Tomato, mozzarella, dolce latte cheese and parma ham **£8.50**

**Rustica** – Tomato, mozzarella, ham, mushroom, salami, olive oil and oregano **£8.80**

**Torino** – Tomato, mozzarella, mushroom, onion, oregano and anchovies **£8.50**

**Salentino** – Tomato, mozzarella, chicken and spinach **£8.80**

### Vegetarian Pizza

**Margherita** – Tomato and mozzarella cheese **£7.50**

**Vegetariana** – Tomato and mozzarella with a variety of fresh seasonal vegetables **£8.50**

## Calzone

**Calzone** – Folded pizza base filled with tomato sauce, mozzarella, ham, salami and mushroom served with Bolognese sauce **£8.80**

**Meat Feast Calzone** **£9.80**

## Vegetarian Calzone

**Calzone Vegetariana** - Folded pizza base filled with tomato, mozzarella cheese and a selection of fresh seasonal vegetables **£8.50**

## Carne e Polli

All our chicken, steak and fish dishes come with a portion of fresh Italian seasoned roast potatoes

Please select the type of meat you would like and mix with a sauce of your choice:

**Pollo** - Chicken breast fillet **£3.95**

**Bistecca** – 8oz Sirloin steak cooked to your requirement **£8.50**

### Sauces

**Porcini** – Onion, white wine and wild porcini mushrooms in a cream sauce **£4.60**

**Cacciatora** – Mushroom, peppers, garlic, brandy and tomato sauce **£4.60**

**Pepe** – Demi-glace, mustard and brandy in a cream and peppercorn sauce **£4.60**

**Diavola** – Mixed peppers, white wine, garlic and chilli in a tomato sauce **£4.60**

**Diana** – Mushrooms, red wine, mustard, onion, demi-glace and brandy with a cream sauce **£4.60**

**Quattro Formaggi** – Mozzarella, mascarpone, dolce latte and parmesan cheese sauce **£4.60**

**Pizzaiola** – Garlic, olives, capers and oregano in a tomato sauce **£4.60**

**Milanese** – (Pollo only) Coated in eggs and breadcrumbs served with mixed salad or chips. **£3.50**

## Pesce

**Salmone Principessa** – Tender fillet of fresh salmon, grilled and served with garlic, spinach, prawns and white wine in a cream sauce **£8.95**

**Grilled Salmon**- Tender fillet of fresh salmon, grilled and with breadcrumbs and served with lemon **£8.50**

**Seabass al Limone** – Fillet of fresh seabass cooked in olive oil, parsley, white wine, garlic and lemon **£9.50**

## Salads

**Insalata di Cesare** – Mixed salad with chicken, parmesan shavings and salad dressing **£4.95**

**Insalata di Tunno** – Mixed salad with Tuna, red onions and an Italian dressing **£4.95**

## Contorni/Sides

**Chips** – Small **£1.20** or Large **£2.20**

**Garlic Mayo** **£0.80**

**Spinach** – Pan fried with garlic and olive oil **£3.50**

**Italian seasoned roast potatoes** **£3.20**

**Parmesan cheese** **£1.20**

**Insalata di Pomodoro** – Tomato and onion salad with fresh basil and olive oil **£3.20**

**Insalata Verde** – Green salad with iceberg lettuce, green peppers, capers, olives and onions **£3.20**

**Insalata Tricolore** – Avocado, mozzarella cheese and fresh tomato **£4.80**

**Insalata Caprese** - Tomato and mozzarella cheese with fresh basil and olive oil **£4.50**

## Dolci

**Strawberry Cheesecake £3.20**

**Homemade Traditional Tiramisu £3.50**

**Luxury Chocolate Fudge Cake £3.20**

**Chocolate Orange Cake £3.50**

**Nutella Pizza (One Person Portion) £3.50**

## Drinks

Coke/Diet/Tango £0.90

Mineral Water £1.00

San Pellegrino/Lemon £1.30

House Wine £10.90

Peroni £3.60

Chianti £12.90

Moretti £3.60

Prosecco £13.50

# Gluten Free Menu

## Appetisers

**Funghi Pancetta** – Pan fried mushrooms with bacon, chilli and tomato sauce **£4.50**

**Funghi Di Mare** – Pan fried mushrooms with prawns, tomato sauce, cheese & garlic **£4.95**

**Cozze Piccanti** – Fresh mussels cooked in a chilli, white wine & tomato sauce **£5.50**

**Cozze Alla Crema** – Fresh mussels cooked in a white wine & cream sauce **£5.50**

**Gamberetti Diavola** – Prawns cooked in a tomato, garlic & chilli sauce **£5.50**

**Calamari Fritti** - Deep fried fresh squid **£5.50**

**Calamari Inferno** – Fresh squid cooked in a garlic, tomato & chilli sauce **£5.50**

## Vegetarian Appetisers

**Funghi All'Aglio** – Pan fried mushrooms in a white wine sauce with garlic & fresh parsley **£4.00**

**Funghi Dolcelatte** – Pan fried mushrooms with dolce latte cheese in a garlic & cream sauce **£4.90**

**Uova Fiorentina** – oven baked spinach, tomato and egg topped with mozzarella **£3.50**

**Parmigiana** – Pan fried aubergine layered with mozzarella, parmesan topped with a tomato & basil sauced **£4.90**

## Pasta

Please select the type of pasta you would like first, and then choose from the selection of sauces below to complete your dish.

**Gluten Free Pasta: £1.95**

**Bolognese** – Traditional homemade Italian sauce with mincemeat and tomato. **£4.50**

**Frutti Di Mare** – Tomato sauce mixed with a variety of fresh seafood, white wine, garlic and parsley **£5.95**

**Carbonara** – Traditional homemade creamy egg and bacon sauce with onions **£4.95**

**Matriciana** – Tomato sauce with bacon and onions **£4.50**

**Alfredo** – Creamy sauce with chicken, mushrooms and onions **£4.95**

**Salmone E Gamberetti** – Smoked salmon cooked with prawns in a creamy tomato & garlic sauce **£5.50**

**Diavola** – Spicy Italian sausage cooked with garlic and chilli in a tomato sauce **£4.95**

**Nonna** – Ham & mozzarella cheese cooked in a creamy tomato sauce **£4.95**

**Spinici E Gamberetti** – Creamy tomato sauce cooked with fresh prawns, spinach and garlic **£5.50**

**Polpette** – Homemade traditional meatballs in a tomato and bolognese sauce **£5.50**

## Vegetarian Pasta Sauces

**Boscaiola** – Tomato based sauce cooked with mushrooms, peppers and garlic **£4.95**

**Quattro Formaggi** – Four cheese sauce cooked traditionally with cream **£4.95**

**Napoletana** – Fresh tomato, garlic and basil sauce **£4.95**

**Spinaci E Mascarpone** – Mascarpone cheese cooked with garlic & spinach in a creamy white wine tomato sauce **£4.95**

## Risotto

**Risotto Frutti di Mare** – Arborio Rice cooked with a selection of seafood, garlic, tomato and white wine **£8.50**

**Risotto Pollo** – Arborio Rice with chicken in a light cream and white wine sauce **£7.95**

## Vegetarian Risotto

**Risotto Vegetariano** – Arborio Rice cooked with a variety of fresh seasonal vegetables, spinach, garlic & tomato **£7.80**

**Risotto al Funghi Porcini** – Arborio Rice cooked with Porcini mushrooms, cream, garlic and white wine served with parmesan cheese **£7.80**

## Carne e Polli

Please select the type of meat you would like and mix with a sauce of your choice

**Pollo** - Chicken breast fillet **£3.95**

**Bistecca** – 8oz Sirloin steak cooked to your requirement **£8.50**

Choice of sauces:

**Porcini** – Onions, white wine and wild porcini mushrooms in a cream sauce **£4.60**

**Cacciatora** – Mushroom, peppers, garlic, brandy and tomato sauce **£4.60**

**Pepe** – Demi-glace, mustard and brandy in a cream and peppercorn sauce **£4.60**

**Diavola** – Mixed peppers, white wine, Garlic and chilli in a tomato sauce **£4.60**

**Diana** – Mushrooms, red wine, mustard, onion, demi-glace and brandy with a cream sauce **£4.60**

**Quattro Formaggi** – Mozzarella, mascarpone, dolce latte and parmesan cheese sauce **£4.60**

**Pizzaiola** – Garlic, olives, capers and oregano in a tomato sauce **£4.60**

**Milanese** – (Pollo only) Coated in eggs and breadcrumbs served with mixed salad or chips. **£3.50**

## Pesce

**Salmone Principessa** – Tender fillet of fresh salmon, grilled and served with garlic, spinach, prawns in a tomato sauce **£8.95**

**Salmone Saverio** - Tender fillet of fresh salmon, grilled and served with garlic, fresh spinach, white wine in cream sauce **£8.20**

**Seabass al Limone** – 2 fillet of fresh seabass cooked in olive oil, parsley, white wine, garlic and lemon **£9.50**

## Salads

**Insalata di Cesare** – Mixed salad with chicken, parmesan shavings and salad dressing **£4.95**

**Insalata di Tonno** – Mixed salad with Tuna, red onions and a Italian dressing **£4.95**

## Contorni/ Sides

**Chips** - Small **£1.20** or Large **£2.20**

**Garlic Mayo** **£0.80**

**Spinach** – pan fried with garlic and olive oil **£3.50**

Italian seasoned roast potatoes **£3.20**

Parmesan cheese - **£1.20**

**Insalata di Pomodoro** – tomato and onion salad with fresh basil and olive oil **£3.20**

**Insalata Verde** – green salad with iceberg lettuce, green peppers, capers, olives and onions **£3.20**

**Insalata Tricolore** – Avocado, mozzarella cheese and fresh tomato **£4.80**

**Insalata Caprese** – Tomato and mozzarella cheese with fresh basil and olive oil **£4.50**

## The under 500 calories menu

- Funghi Pancetta** Pan fried mushrooms with bacon, chilli and tomato sauce (402 Kcal) **£4.50**
- Funghi Di Mare** Pan fried mushrooms with prawns, tomato sauce, cheese & garlic (389 Kcal) **£4.95**
- Cozze Piccanti** Fresh mussels cooked in a chilli, white wine & tomato sauce (240 Kcal) **£5.50**
- Cozze Alla Crema** Fresh mussels cooked in a white wine & cream sauce (267 Kcal) **£5.50**
- Gamberetti Diavola** Prawns cooked in a tomato, garlic & chilli sauce (258 Kcal) **£5.50**
- Calamari Fritti** Deep fried fresh squid (260 Kcal) **£5.50**
- Calamari Inferno** Fresh squid cooked in a garlic, tomato & chilli sauce (220 Kcal) **£5.50**
- Polpette Al Pomodoro** Homemade traditional meatballs cooked in a tomato sauce (324 Kcal) **£5.50**
- Polpette Di Pesce** Fresh fishcakes with sweet chilli dip (384 Kcal) **£4.50**
- Croquette (3 pieces)** Homemade sweet potato mash with ham, cheese & salami (451 Kcal) **£4.50**
- Costolette Di Maiale** Spare ribs cooked in a secret homemade barbeque sauce (427 Kcal) **£5.80**
- Panzarotti** Folded pizza base deep fried filled with tomato sauce, mozzarella cheese and parma ham (470 Kcal) **£4.80**

## Vegetarian Appetisers

- Garlic Bread Tomato (Pizza Style 12")** - With cheese or chilli (497 Kcal) **£5.50**
- Funghi All'Aglio** Pan fried mushrooms in a white wine sauce with garlic & fresh parsley (297 Kcal) **£4.00**
- Funghi Dolcelatte** Pan fried mushrooms with dolce latte cheese in a garlic & cream sauce (381 Kcal) **£4.90**
- Arancini Di Riso Vegetariana (4 pieces)** Deep fried rice balls with porcini mushrooms, mozzarella and tomato (382 Kcal) **£4.50**
- Croquette Vegetariana** Sweet potato with mushrooms, spinach, dolce latte & mozzarella cheese (378 Kcal) **£4.50**
- Mozzarella In Carrozza** Deep fried mozzarella in breadcrumbs served with garlic & tomato sauce (452 Kcal) **£4.90**



**Uova Fiorentina** Oven baked spinach, tomato and egg topped with mozzarella (383 Kcal) **£3.95**

**Bruschetta** Freshly made Italian bread, topped with diced tomatoes, olive oil and balsamic glaze (287 Kcal) **£4.50**

**Parmigiana** Pan fried aubergine layered with mozzarella, parmesan topped with a tomato and basil sauce, oven baked (298 Kcal) **£4.90**

**Panzarotti Vegetariani** Folded pizza base deep fried filled with tomato sauce, mozzarella, spinach & mushrooms (453 Kcal) **£4.20**

## Pasta

**Spaghetti All'Alglio** – Spaghetti cooked with garlic, olive oil & fresh parsley (437 Kcal) **£5.50**

**Spaghetti Napoletana** – Spaghetti cooked with fresh tomato, garlic and basil sauce (387 Kcal) **£4.95**

## Pesce

**Seabass al Limone** – 2 fillet of fresh seabass cooked in olive oil, parsley, white wine, garlic and lemon (421 Kcal) **£9.50**

## Salads

**76 Insalata di Cesare** Mixed salad with chicken, parmesan shavings and salad dressing (321 Kcal) **£4.95**

**77 Insalata di Tonno** – Mixed salad with Tuna, red onions and a Italian dressing (302 Kcal) **£4.95**

## Contorni

80. **Spinach** – pan fried with garlic and olive oil (195 Kcal) **£3.50**

81. **Italian seasoned roast potatoes** (320 Kcal) **£3.20**

**Insalata di Pomodoro** – tomato and onion salad with fresh basil and olive oil (197 Kcal) **£3.20**

**Insalata Verde** – green salad with iceberg lettuce, green peppers, capers, olives and onions (188 Kcal) **£3.20**

**Insalata Tricolore** – Avocado, mozzarella cheese and fresh tomato (310 Kcal) **£4.80**

**Insalata Caprese** – Tomato and mozzarella cheese with fresh basil and olive oil (279 Kcal) **£4.50**